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Relax in the outdoor pool at LeCrans Hotel & Spa

steam bath, sauna and small fitness area. The small team is able to bring a personal approach to wellness and beauty from this jewel in the mountains. LeSpa uses Cinq Mondes exclusively to bring worldwide traditions from India, South America, Africa and Asia Pacific. The 90-minute Bali Ritual is delicious with a papaya puree scrub followed by a traditional Balinese oil massage. The signature Ko Bi Do facial lifts, tones and plumps the skin with a combination of selected products and Japanese facial massage. www.lecrans.com

LESPA AT LECRANS HOTEL & SPA

From the top of the ski resort, a luxury chalet surveys the region of Valais and magnificent views of Le Mont Blanc and majestic peaks. Said to be one of the sunniest places in Switzerland, Crans-Montana is home to a new generation of hospitality with the LeCrans Hotel & Spa opening its doors in 2009. The decor of the 15 uncompromising rooms and suites are inspired by the famous world peaks they are named after, like Kilimanjaro, Annapurna and Rockies. With Bulgari toiletries, log fireplace, terrace, Jacuzzi tub, Nespresso and VOD, you will feel delightfully cosy and content in your luxurious alpine haven. Open for summer and winter seasons, LeSpa is intimate and clean in design with four treatment rooms, a heated indoor and outdoor pool, whirlpool,